

V3 Full Face Mask

Quick Start Guide



Unhook one or both straps and place the mask on your face. Seat the bottom cushion of the mask at the crease of your chin. Tip the mask up to contact your nose, and rethread the bottom strap/s through the slots.



Ensure the headgear is fully extended and lies flat across the back of your head, with the headgear logo facing outward.



Position the upper and lower straps evenly on both sides of your head. Gradually tighten the headgear straps, starting from the bottom and working your way up. Make sure the upper and lower straps are parallel as shown. The mask should fit comfortably snug, but not too tight. Check for any pressure points or discomfort, and adjust as needed.



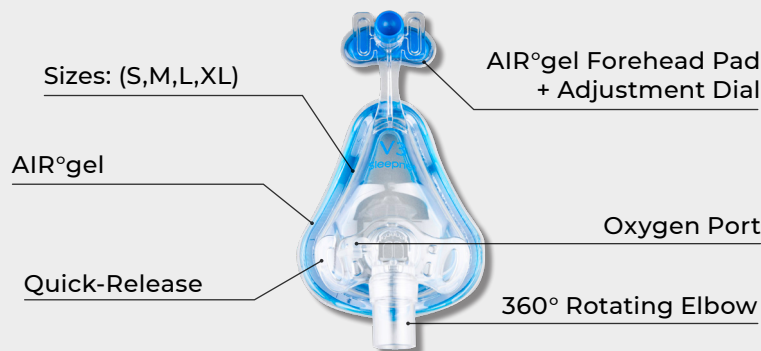
Turn the forehead adjustment dial to adjust tension until you are comfortable.



If necessary, readjust the straps for a comfortable fit. Check for any pressure points or discomfort, then adjust as needed.

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Assembly Guide



Lay the headgear flat with light gray side facing up with the head strap at the top. Tilt the mask gel side down in the center of the headgear.



Thread all four straps through the headgear slots. If you are a first-time user, start by putting on the mask in front of a mirror. If necessary, remove any eyewear before proceeding.

NOTES:

- Do NOT overtighten the headgear.
- For optimal seal and comfort, the mask should be snug, but not tight.



Verify that the mask is the right size by using the size guide. (Available online)
https://www.sleepnetmasks.com/wp-content/uploads/2023/11/M90089_v0_V3_Sizing_Guide.pdf