



## iQ<sup>®</sup> Nasal Mask *Fitting Tips*

Once the headgear has been properly attached to the mask, follow the fitting tips below to properly secure and fit the mask on your face:

1. The iQ<sup>®</sup> Nasal Mask contains Custom Fit Technology™. This soft mask shell can be shaped to follow the contours of your face. The Memory Wire™ embedded into the shell locks the customized fit in place. (See Figure A)
2. The mask tubing can be secured to the headgear with the Velcro loop on top of the headgear, or draped to either side.
3. Detach one Velcro strap by sliding the Velcro loop off the quick release hook on one side of the headgear connector, slip the headgear over your head and center the mask on your face. (See Figure B) Slide the Velcro loop back on the quick release hook.
4. For optimal seal and comfort, mask should be snug, but not tight. Adjust the tension by detaching the Velcro straps and tightening or loosening the straps and reattaching the Velcro. (See Figure C)
5. The iQ features Custom Fit Technology™. To customize the fit of your mask, gently press along the Memory Wire™ frame by the mask cushion. (See Figure D)
6. Connect the mask tubing assembly to the positive airway pressure device tubing and turn the device on.
7. Adjusting the lower straps will help with leaks near the bottom of the mask. Adjusting the strap at top of mask will help with leaks near your eyes. Finally, adjusting the forehead straps on the StableFit headgear will help secure the mask to your head.
8. If leaks persist, pull the mask away from your face and reset on the nose to ensure proper placement. You can also move the mask higher or lower on your face to improve the fit and seal. Readjust the Velcro straps if necessary to minimize leaks.

Figure A

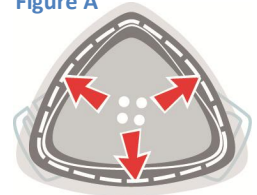


Figure B



Figure C

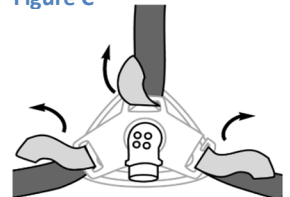


Figure D

